



## Instructions for cleanup crews

**Step 1:** Register online at [quintetrashbash.ca](http://quintetrashbash.ca) and choose an area where you would like to pick up litter.

**Why register?** It tells us which areas have been cleaned, how many people have participated.

**Step 2:** Pick up litter from parks, green spaces and sidewalks on Saturday, Sept. 27, 2025 or any day leading up to the event.

- Supply kits (bags and gloves) will be available at designated Trash Bash stations on event day.
- Supplies can also be picked up in advance if you want to do your cleanup early.  
– [quintetrashbash.ca](http://quintetrashbash.ca) for more details.

**Step 3:** Bring your collected garbage to a Trash Bash drop-off station on Saturday, Sept. 27 from 9 a.m. to 1 p.m. – [quintetrashbash.ca](http://quintetrashbash.ca) for more details.

### **Too BIG to haul?**

If you come across something really big or heavy (such as furniture), take note of the location and contact your community representative. **Do not pick it up.**

### **Too dangerous to haul?**

If you come across something too dangerous to pick up (such as needles, flammable liquids, etc.). **Do not pick it up.**

If found on public property, please contact HPE Public Health Unit 613-966-5500 regarding the safe disposal of garbage.

Participants are encouraged to wear personal protective equipment (PPE) when picking up trash.

**Supply Kit contains:** Nitrile gloves, garbage bag, event instructions

**BE SAFE. Stay away from riverbanks. Stay off of private property.  
Be mindful of vehicle traffic. Wear bright colours.**

